

How to get help

✔ Apply

- Apply for benefits online at CO.gov/PEAK. If you need help resetting your password or need other technical help with PEAK, call 800-250-7741.
- If you have questions about qualifying or want to apply in person, contact your county: co.gov/hcpf/counties

✔ Your benefits

- Get case communications and keep your info up to date: CO.gov/PEAK
- Download the free Health First Colorado app to view your member ID card and keep your info up to date
- Visit HealthFirstColorado.com/handbook for the member handbook. Sign into CO.gov/PEAK to get your personalized member handbook.
- For help with Health First Colorado benefits and billing call 800-221-3943. If you are a member of CHP+, call 800-359-1991. If you are a member of the Medicaid Buy-In program, call 800-711-6994.

✔ See a provider

- Find a provider on the Health First Colorado app or HealthFirstColorado.com/find-doctors.
- Change your primary care provider or health plan: 888-367-6557
- Find a dental provider: 855-225-1729
- Book a ride: gointelliride.com/Colorado or 855-489-4999
- If you need help getting an appointment, finding a provider, or accessing transportation or other services, contact your regional organization: HealthFirstColorado.com/regionalorg

✔ Feeling sick? Health crisis?

- **If you think you are having a health emergency**, go to the ER or call 911
- If you are feeling sick but not having an emergency call your primary care provider
- You can also call the Nurse Advice Line for free around-the-clock access to medical information and advice in both English and Spanish: 800-283-3221.
- If you or someone you know is having a behavioral or mental health crisis or is at risk for suicide, call or text 24 hours a day, 7 days a week: Colorado Crisis Services at 800-273-TALK (800-273-8255)